


	Monday 5/16	Tuesday 5/17	Lean & Green Wed 5/18	Thursday 5/19	Friday 5/20
Entrée – choose 1	*Cook's Choice *Pepperoni Pizza (34g) *Chili with Tortilla Chips (37g) & Dinner Roll (16g)	*Sloppy Joe on Bun* (36g) **Macaroni-n-Cheese (28g) & Dinner Roll (16g) *Chicken Patty on Bun (34g)	**Veggie Pasta Bake (46g) & Dinner Roll (16g) **Blazin' Buffalo Wrap (49g) **French Bread Cheese Pizza (33g)	*Hamburger on Bun (26g) *Turkey Divan (35g) & Biscuit (27g) *Chicken Drumstick (7g) & Cornbread (32g)	*Chicken Tenders (12g) & Dinner Roll (16g) **Veggie Pizza (39g) or Cheese Pizza (34g) *Fiesta Nachos (31g)
	COLD ENTREES **Cheese (2g) + Cinnamon Roll (36g) + Fruit	COLD ENTREES *Turkey & Cheese Wrap (30g)	COLD ENTREES **Yogurt Parfait (49-67g) & Muffin (26-29g)	COLD ENTREES **Citrus Salad (42g) & Cornbread (32g)	COLD ENTREES **Egg Combo (33-59g)
Choose 1 or more	*Corn (14g)	*Potato of Choice (19-23g) *Collard Greens (4g)	*Green Beans (5g) *Hot Cinnamon Apples (22g)	*Potato of Choice (19-23g) *California Mixed Vegetables (5g)	*Steamed Broccoli (2g) **Black beans (21g)

WEEK 3

	Monday 5/23	Tuesday 5/24	Lean & Green Wed 5/25	Thursday 5/26	Friday 5/27
	*Cheeseburger on Bun (27g) *Pepperoni Pizza (34g) *Chicken Fried Rice (54g)	*Chicken Boneless Wings (15g) & Dinner Roll (16g) **Cook's Choice (vegetarian) *Turkey Sausage & French Toast Sticks (59g)	**Oriental Stir Fry over Rice (54g) **Veggie Power Burger on Bun with BBQ (44g) or Cheese (40g) **French Bread Cheese Pizza (33g)	**Cheese & Bean Enchilada (42g) *Chicken Drumstick & Waffle (35g) *Cook's Choice	*Salisbury Steak on Bun (36g) **Veggie Pizza (39g) or Cheese Pizza (34g) *Cook's Choice
	COLD ENTREES **Yogurt, Cheese, Craisins & Grahams (78-81g)	COLD ENTREES *Chef Salad (16g) & Cornbread (32g)	COLD ENTREES **Yogurt Parfait (49-67g) & Muffin (26-29g)	COLD ENTREES *Turkey Ham & Cheese Wrap (33g)	COLD ENTREES *Crispy Chicken Salad (27g) & Muffin (26-28g)
Choose 1 or more	*Steamed Cabbage (3g) **Black beans (21g)	*Potato of Choice (19-23g) *Green Beans (3g)	*Corn (14g) *Hot Cinnamon Peaches (27g)	*Steamed Broccoli (2g)	*Italian Mixed Vegetables – (6g) zucchini, carrot, cauliflower, Italian green bean & lima bean

WEEK 4

A selection of fruits & vegetables (such as fresh lettuce, tomato, broccoli, and carrots); students may have as many fresh fruits and vegetables that they would like to eat. A choice of 1% low fat white milk (13g) or fat-free chocolate milk (22g) offered for school lunch. A complete meal is free for all students under the Community Eligibility Provision. Grams of carbohydrate in each food listed in parenthesis (g). Nutrient content and ingredients are available upon request. **Vegetarian high protein food item is available at lunch daily. No pork, peanut, tree nuts or seafood offered. Menu subject to change. This institution is an equal opportunity provider, employer, and lender. Revised 3/9/2022

	Monday 5/30	Tuesday 5/31	Lean & Green Wed 6/1	Thursday 6/2	Friday 6/3
Entrée – choose 1		*Cook's Choice *Chicken and Cheese Taquitos (30g) *Cook's Choice	**Fiesta Rice and Tortilla Chips (57g) **Cheese & Bean Enchilada (42g) **French Bread Cheese Pizza (33g)	*Hot Italian Sub (31g) *Cheesy Chicken Crunch Wrap (52g) *Hamburger on Bun (26g)	
	NO SCHOOL	COLD ENTREES	COLD ENTREES	COLD ENTREES	NO SCHOOL
Choose 1 or more		**Citrus Salad (42g) & 2 Dinner Rolls (32g)	**Yogurt Parfait (49-67g) & Muffin (26-29g)	**Egg Combo (33-59g)	
		*Potato of Choice (19-23g) *Steamed Broccoli (2g)	*Green Beans (5g) *Hot Cinnamon Apples (22g)	*Potato of Choice (19-23g) *Ohio Day Roasted Carrots (4g)	

WEEK 1

Hello
Summer

A selection of fruits & vegetables (such as fresh lettuce, tomato, broccoli, and carrots); students may have as many fresh fruits and vegetables that they would like to eat. A choice of 1% low fat white milk (13g) or fat-free chocolate milk (22g) offered for school lunch. A complete meal is free for all students under the Community Eligibility Provision. Grams of carbohydrate in each food listed in parenthesis (g). Nutrient content and ingredients are available upon request. **Vegetarian high protein food item is available at lunch daily. No pork, peanut, tree nuts or seafood offered. Menu subject to change. This institution is an equal opportunity provider, employer, and lender. Revised 3/9/2022